

Welcome to OCC Therapy!

We have a range of options designed to support families to access Occupational Therapy either at our clinic, in their schools or homes.

ASSESSMENT OPTIONS

Targeted Developmental Assessment	- For families seeking a report to gain an understanding your child's skill in a <i>particular area of development</i>. - Common examples of our Targeted Developmental Assessment include: - Early years – this assessment provides an overview of your 0-5 year old child's developmental skills, sensory processing & play skills. - Social emotional – we will explore your child's sensory processing, executive functions & social emotional skills. - Handwriting – a targeted exploration of handwriting including fine motor skills, visual motor, visual perception & executive functions. - Accommodations for ATAR – we will explore your teenager's visual motor, fine motor skills, visual perception, writing & executive functions. - The Targeted Developmental Assessment process generally includes: 1-hour direct consultation with client/family to complete the assessment - A written report with recommendations will be provided within 3 weeks of payment and return of all assessment questionnaires 30-minute follow up meeting or phone call to discuss report and possible therapy plan - The cost of this assessment will be dependent on your assessment requirements, and your therapist will quote this with you at the initial appointment. The minimum cost for a Targeted Developmental Assessment is 3 hours.
Comprehensive Developmental Assessment	- For families seeking a comprehensive report to gain an <i>overall understanding of general development</i> and a baseline of skills. - Common examples of our Comprehensive Developmental Assessment include: - Under 4s – a comprehensive developmental assessment, play skills and sensory processing. - Kindy aged – fine and gross motor skills, visual motor and perception, executive functions, sensory processing, play & developmental stages. - School aged – fine and gross motor skills, visual motor and perception, writing, executive functions, sensory processing, social & emotional skills. - The Comprehensive Developmental Assessment process generally includes (this may be adjusted depending on the assessment requirements): 1.5-hour direct consultation with client/family to complete the assessment - A <u>comprehensive</u> written report with recommendations will be provided within 3 weeks of payment and return of all assessment questionnaires 30-minute follow up meeting or phone call to discuss report and possible therapy plan. - The cost of this assessment will be dependent on your assessment requirements, and your therapist will quote this with you at the initial appointment. The minimum cost for a Comprehensive Developmental Assessment is 4 hours.
Functional Capacity Assessment	- For families seeking a comprehensive report focused on the child's functional capacity. A functional capacity assessment is often used when the client/family is: - Accessing the NDIS for the first time - Undergoing an NDIS plan review, and the plan does not meet their needs or their needs have changed - Trying to access the NDIS without a disability that gives automatic eligibility

	- We offer testing using NDIS-friendly assessments to review all areas of adaptive behaviour and conduct an interview to gain a comprehensive understanding of your NDIS goals and supports. - The Functional Capacity Assessment process generally includes (this may be adjusted depending on the assessment requirements): 2-hour direct consultation with client/family to complete the comprehensive assessment and interview. - A <u>comprehensive</u> written report with recommendations will be provided within 3 weeks of payment and return of all assessment questionnaires 30-minute follow up meeting or phone call to discuss report and possible therapy plan. - The cost of this assessment will be dependent on your assessment requirements, and your therapist will quote this with you at the initial appointment. The minimum cost for a Functional Capacity Assessment is 6 hours.
Assistive Technology Assessment	- For families requiring prescription of assistive technology and equipment. This assessment process includes: - Initial session with the client/family - Research of suitable equipment and organising a trial with family and rep - Completion of the NDIS Assistive Technology Assessment - Review or follow up - This assessment process will be quoted by your therapist, as is dependent on the AT being prescribed.

Important information applicable to all assessments:

- An assessment report is commonly helpful for a Paediatrician or medical appointment or a detailed overview for teachers including recommendations.
- For each of our assessment options, your therapist will choose from our wide range of standardised and non-standardised assessments to match with your concerns and goals.
- We offer testing in many areas including sensory processing, executive functions, fine and gross motor skills, handwriting, visual motor and visual perception, and overall developmental assessments. We also explore areas of self-care, community access, social skills and emotional wellbeing.

INTERVENTION OPTIONS

Regular Therapy Sessions <i>(Weekly or Fortnightly)</i>	- Our therapy support sessions may be used for direct intervention or observation with client, telehealth consultation, or consultation, meetings or phone calls with stakeholders or families. Parents will receive feedback after direct intervention. - At busy times of year, we may have limited availability for regular and ongoing sessions. If we can't find a spot for you right now, you can choose to remain on our waitlist, and whilst doing so we encourage you to explore the following options in the meantime!
Intensive Therapy Blocks	- There is great (positive!) research to support intensive blocks of therapy focused on specific goals and then taking a break for consolidation of the skill. - An intensive block may mean daily sessions across a week, or 3-4 sessions over a fortnight. We love to provide this style of support over the school holidays. - Following an intensive block of therapy, home programs can then be provided to support the child and family through the term time. A review session mid-term via telehealth would be a great way to catch up on progress, before perhaps meeting again the following school holidays!
Irregular Therapy Sessions	- Irregular sessions (e.g. monthly or quarterly) are available, and home programs can be provided to fill in the gaps. - Are you open to fitting into cancellation spots? If so, let us know!

Home Programs	• Home programs are a great way of accessing therapy supports if regular sessions aren't a possibility. • Your therapist will work with you to develop small and achievable goals, and then provide you with support and coaching in order to make small steps towards these goals at home. • The Home Program process includes: • 1-hour consultation with client/family to determine child's skills and abilities (if required), discuss goals for the program and a plan for review. • 1-hour non-face-to-face or documentation appointment for therapist to compile home program. • 30-minute phone call, meeting or telehealth appointment to discuss suitability of program, two weeks after commencement of program. • 30-minute phone call, meeting or telehealth appointment at the agreed upon review date to discuss progress and ongoing plan.
Documentation	• Also known as non-face-to-face appointments, we can complete any of your documentation needs including letters, progress reports, home programs, stakeholder communications and individualised resourcing.
Holiday Programs	• We love to run clinic, telehealth and community-based holiday programs each school holidays. Check out our Facebook or Instagram pages for info or give us a call!
Multidisciplinary Intervention	• We intermittently offer Occupational Therapy/Speech Pathology joint sessions or programs and Occupational Therapy/Physiotherapy joint sessions or programs. Let us know if this would suit you and we can fill you in on the details!

OUR FEES

Our Service	Private & NDIS Self Managed	NDIS Plan & Agency Managed
30 mins direct therapy + 15 mins preparation, note taking & communication	\$172.50	\$145.49
45 mins direct therapy + 15 mins preparation, note taking & communication	\$230	\$193.99
60 mins direct therapy + 15 mins preparation, note taking & communication	\$287.50	\$242.48
Targeted Developmental Assessment	Our assessments are quoted at our hourly rate (\$230 or \$193.99). The Targeted Developmental Assessment is minimum 3 hours.	
Comprehensive Developmental Assessment	Our assessments are quoted at our hourly rate (\$230 or \$193.99). The Comprehensive Developmental Assessment is minimum 4 hours.	
Functional Capacity Assessment	Our assessments are quoted at our hourly rate (\$230 or \$193.99). The Functional Capacity Assessment is minimum 6 hours.	
Cancellation Policy	• No cancellation fee if therapist/clinic is informed by 4pm the day before the appointment • 50% of service fee charged if therapist/clinic is informed before 9am on the day, or at least 1 hour in advance if the child has an early appointment • Full service fee charged for non-arrival, including travel fee if therapist has travelled to school/home • Full service fee charged if the child arrives late for their appointment, but still within their allocated time. They may receive a shorter consultation so that our other clients can still be seen at their allotted time • Please note that if the full fee has been charged, your therapist will use the allocated time for planning/consultation with stakeholders	
Travel Fees	• Our travel fees are split into two components of travel: ○ Labour (time spent travelling): \$97 per hour ○ Non-Labour (vehicle expenses): \$0.99 per kilometer • When multiple clients are being seen in the same location, total travel fees are divided by the number of clients	